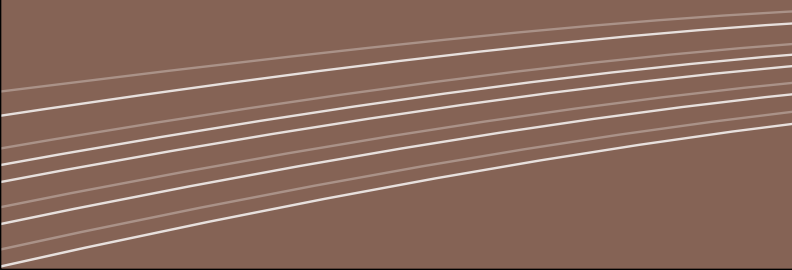


the Beauty Rooms at  
**target**   
Health & Fitness



## Eye Care

Eyebrow shape (wax or tweeze)	<b>£6.00</b>	Eyelash tint	<b>£7.50</b>
Eyebrow tint	<b>£5.00</b>	Eyelash perm	<b>£25.00</b>
Eyebrow shape & tint	<b>£9.50</b>	Eyelash perm & tint	<b>£30.00</b>

Please note a patch test is required 48hrs before any tinting or perming treatment.

## Waxing

Lip or Chin	<b>£5.00</b>	Brazilian	<b>£15.00</b>
Lip and Chin	<b>£9.00</b>	Hollywood	<b>£16.00</b>
Underarms	<b>£7.50</b>	1/2 leg	<b>£13.00</b>
Arm wax	<b>£10.00</b>	Full leg	<b>£18.50</b>
Bikini	<b>£8.50</b>	1/2 leg and bikini*	<b>£19.00</b>
High bikini	<b>£9.50</b>	Full leg and bikini*	<b>£24.00</b>
<hr/>			
Men's Back Wax	<b>£10.00</b>	*High bikini £1.00 extra, Brazilian £6.00 extra, Hollywood £7.00 extra	
Men's Chest Wax	<b>£15.00</b>		

## Nail Care

File and Polish **£6.00**

Manicure **£13.50**

Cuticle and nail care, hand massage and polish application.

Luxury Manicure **£20.00**

As manicure treatment with exfoliation, oil massage and heated mitts.

Pedicure **£19.50**

Foot soak, cuticle and nail care, hard skin removal, leg and foot massage and polish application.

Luxury Pedicure **£26.00**

As pedicure with exfoliation, foot masque and heated booties.

Add French polish to any of the above for £2.50

## Acrylic Nail Enhancements

Full set **£40.00**

Infills **£25.00**

includes up to 2 replacement nails.

Removal and Nail Tidy **£20.00**

## Bio Sculpture Gel

A non chip nail colour that promotes natural nail growth and strengthens! No filing ensures no natural nail damage. Thin strong and flexible. Your natural nails only better.

Colour application	<b>£27.00</b>
French application	<b>£30.00</b>
Individual nail tidy	<b>£5.00</b>
Removal and nail tidy	<b>£15.00</b>

## Tanning

St Tropez auto bronzant – A four step application to ensure an all over golden tan.

Full body application	<b>£30.00</b>
1/2 body application	<b>£16.50</b>

Su Do Spray Tanning – For a quick, easy and even tan.  
Available in 2 shades.

Full body application	<b>£22.50</b>
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## Electrolysis

Sterex disposable needles & gloves are used for each treatment.

10 mins **£6.50** 15 minutes **£10.00** 30 minutes **£16.00**

## Ear Piercing

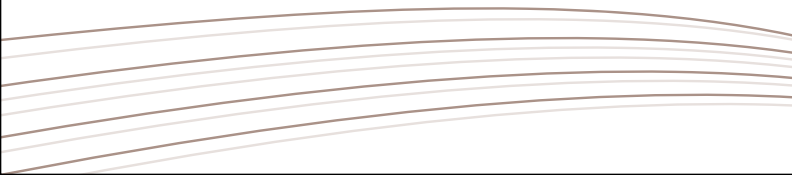
All our ear piercing is carried out using Studex pre-sterilised gold plated earrings.

Plain gold plated stud earrings **£8.00**

Gemstone gold plated stud earrings **£11.00**

Reflexology - Single Treatment **£35.00**

6 Treatments are advised for a complete course. Book 5 get the 6th free. Reflexology is a complementary therapy which can help strengthen the body's natural healing ability, reduce pain, increase circulation, assist in weight loss, relieve fluid retention, promote relaxation & reduce mental, physical & emotional stress.



## Thai Style Massage

Herbal heat compresses are used to massage and relax, tired and tense muscles. Heated in a steamer the compresses soothe away aches and pains, whilst working deep into the tissues to relieve tight, aching muscles.

Back, Neck and Shoulders      **£35.00**      Full Body      **£50.00**  
Full Body including face      **£60.00**

**Aromatherapy Full Body      £35.00**

Individual essential oils are blended & used for a relaxing & balancing massage that concentrates on areas of tension.

**Thermal Stone Massage      £35.00**

A deep physiological experience. Heat from the volcanic basalt stones increase circulation. Tired sore & aching muscles are relaxed with improvements in flexibility & strength.

**Aromatherapy Facial      £25.00**

Indulge yourself with a rejuvenating facial massage that will leave you feeling totally relaxed and refreshed.

## **Swedish Full Body Massage** **£35.00**

It has proven to be a simple yet highly successful massage with the intensity of the depth & stroke differentiating from traditional massage. Ideal for general back problems, headaches and stiff muscles.

## **Half Body Massage** **£25.00**

Like the full body this incorporates those areas that suffer the most from tension & stiffness. Concentrating on the back, neck & shoulders.

## **Indian Head Massage** **£25.00**

An ancient Indian Therapy used to relieve stress, tension, headaches & eyestrain.

## **Lower Back** **£25.00**

This is a deep massage which includes specialised techniques to relieve pain.

## **Hand & Foot Massage** **£15.00**

Relax, refresh & rejuvenate those over worked areas. An ideal treatment for those in need of pampering with little time to indulge.

## Gift Certificates

Treat a friend or loved one with one of our Gift Certificates, available in £1.00, £5.00, £10.00 and £20.00 values.

Gift certificates are available for any treatment or value, and make an ideal present for that special occasion.

## Appointments

We require at least 24hrs notice of cancellation otherwise a 50% charge will apply.

Only one discount offer or voucher may be applied to a single treatment session.

### Appointments Available:

9.00am-9.00pm Monday to Friday

9.00am-4.00pm Saturday

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